

Cringe 很尴尬

- 关于台词的备注:
这不是广播节目的逐字稿件。本文稿可能没有体现录制、编辑过程中对节目做出的改变。

Jiaying

大家好，欢迎收听 BBC 英语教学的“地道英语”节目，我是佳莹。

Neil

... and me, Neil. Have you seen that new film about a wizard who makes friends with an ugly horse that turns into a beautiful unicorn?

Jiaying

Oh, yeah! The acting is the definition of cringe! The whole film is so cringe!

Neil

Cringe? What do you mean cringe? You don't like the film?

Jiaying

Don't like it? That's an understatement. 这部电影真的不好看。扮演巫师的那个人演技实在太差了，而且故事情节也很欠考虑。我们可以用单词“**cringe**”来谈论让人感到尴尬的人或事情。“**Cringe**”既可以作动词，表示“感到尴尬”，也可以作形容词，表示“让人难为情的、尴尬的”。

Neil

So you can say that the film made you cringe or the film was cringe. But, why? It wasn't that bad!

Jiaying

Neil，这部电影真的很老套，而且演员的表演风格也很夸张。It was so cringe!

Neil

But that's the point of the film – it was designed to make you cringe – it was that kind of humour! It wasn't trying to be serious!

Jiaying

Oh, in that case, I didn't get it! So, actually, if it was intentionally cringe, it was quite funny! Let's talk more about things that are cringe after these examples.

Examples

Did you hear that terrible joke he told? It was so cringe!

When my uncle starts dancing – it's really cringe.

When she told me how she had sat in the wrong meeting for an hour before realising, I cringed.

Jiaying

这里是由 BBC 英语教学制作的“地道英语”节目。以上，我们介绍了单词“cringe”在口语中的含义，它可以用来谈论让你感到尴尬或难为情的人或事情。在作形容词时，我们也可以在“cringe”的后面加上字母“y”，变成“cringey”，意思是一样的。

Neil

Yes, so you can describe someone or something as cringe – so like an embarrassing person or joke.

Jiaying

Yes! Or even an experience. 哎，Neil，你有没有遇到过让你感到特别尴尬的事情呢？

Neil

Well, you may be surprised, but quite a few cringey things have happened to me!

Jiaying

I can imagine! I think your most cringey moment is when you arrived at the party dressed as a giant cucumber!

Neil

To be fair – I was dressed as a courgette, but I thought it was a fancy dress party because you said dress fancily!

Jiaying

It was so cringe! I meant to wear a fancy suit – it was a wedding.

Neil

Yeah – I cringed a lot. But at least I ended up in lots of photos!

Jiaying

You certainly did! Bye, Neil.

Neil

Bye.