

Jog someone's memory  
唤起某人的记忆

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- 关于台词的备注:  
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**Feifei**

Hello and welcome to Authentic Real English. 大家好，我是菲菲。

**Rob**

... and me, Rob.

**Feifei**

Rob, 你是不是又忘了？

**Rob**

Err... forgotten what?

**Feifei**

Would you like me to jog your memory?

**Rob**

What? We're going jogging?

**Feifei**

No, Rob. 我刚才说“jog your memory”。这个表达的意思是“唤起某人的记忆，提醒某人”。I need to jog your memory, Rob. Look, I'm wearing running shoes and a tracksuit – does that help you remember?

**Rob**

So, you are going jogging!

**Feifei**

No, I'm not going jogging. I'll tell you later. But let's hear some examples first.

**Examples**

The photo helped jog my memory, and I finally remembered the name of the restaurant we ate at.

Let me jog your memory about what special day it is today – it's our wedding anniversary!

Something she said jogged my memory about the thing I was meant to do after work.

**Feifei**

在这期“地道英语”节目中，我们教给大家的表达是“jog someone's memory”。上面的例句列举了“jog someone's memory”的用法，这里的“someone”也可以是“我们自己”。比如：某事唤起我们对一件事情的记忆“something helped jog my memory”。注意，这个表达多用在口语交流中。Rob, I was hoping by wearing this sports gear, you'd remember what we had arranged to do.

**Rob**

Err... go to the cafe? Go to a fancy-dress party?

**Feifei**

No!

**Rob**

Sorry, my mind is blank.

**Feifei**

咱们说好录完节目后直接去健身房锻炼身体。I said come prepared so we don't waste any time.

**Rob**

Oh, did you? Well, don't worry. I'll quickly go and get changed, and you can finish the programme, as we discussed.

**Feifei**

As we discussed?

**Rob**

Ah... shall I jog your memory now? The words... on the script?

**Feifei**

Oh, yes! Join us again soon for another Authentic Real English. Bye.

**Rob**

Bye.