
Vocabulary: appearance 词汇: 外表

Grey hair can be the beginning of the end. A silver signal that **youth** and beauty are **fading** and only **old age** remains. And while grey at 60 may not be surprising, many start to turn **prematurely** as young as 20. If we want to hide it, modern haircare products allow us to easily **cover up** our natural grey and **preserve** our youth a little longer. But these days, many people – and women in particular, are ditching the dye to show their natural colours. Why?

"Research has shown that our hair follicle production can be influenced by factors such as hormones and stress, but some people have a genetic predisposition to lose **pigment** or go bald more than others," says a report on the BBC website. In addition, Prof Desmond Tobin, a hair and skin pigmentation specialist at the University of Bradford in the UK, says that it is normal for people with a European background to start greying in their early 20s. Research which he participated in found that different races have different average **ageing** rates - with African and East-Asian backgrounds tending to **whiten** later.

For many men, going grey may not be a big deal. It's now seen as a sign of **sophistication**, says UK newspaper Metro. It uses adjectives such as **rugged**, **unique** and **fashionable**. But for many women, these qualities don't seem to apply. Kate Dinota, a New Yorker who started turning grey when she was seven, states that the everyday woman feels a pressure not to age. At 28 and after 14 years, she decided to stop **dying** her hair and let her grey hair show. And she's not alone.

Since 2008, worldwide search interest in 'grey hair' has increased dramatically, Google Trends shows. This may have been driven by celebrities such as Ariana Grande and Lady Gaga, who have both had silver **locks**. "People are torturing their hair to **get the look**," says renowned **hair colourist** Rita Hazan, who has worked with celebrities such as Beyoncé and Mariah Carey. Indeed, this trend was what persuaded 30-year-old Stephanie Tunchez from Texas to stop dying her natural hair two-and-a-half years ago.

But to many women, the transition is not an easy one. Indeed, Kate experienced doubt from others with her initial decision. "People were like, 'Are you sure? What about your career? You're so young!' Like that seems silly," she reports. She believes there needs to be better representation of grey-haired women of all ages. In this way it is hoped that, like many men, women will feel more confident about letting it show and will feel more comfortable going grey gracefully.

词汇表

youth	青春
fade	逐渐消失
old age	老年
prematurely	过早地
cover up	遮盖、掩盖
preserve	留住
pigment	(头发的) 色素
ageing	变老的, 衰老的
whiten	使变白
sophistication	(处事) 成熟老练
rugged	坚毅粗犷的
unique	独特的
fashionable	时尚的
dye	染色
locks	(头发) 缕
get the look	以获得想要的造型
hair colourist	染发师

测验与练习

1. 阅读课文并回答问题。

1. Which three things influence hair follicle production?
2. True or false: *All ethnicities tend to age at the same rate.*
3. What pressure does the everyday woman feel, according to Kate Dinota?
4. What possible explanation is offered for the increase in interest in grey hair?
5. Which word in the text means 'in a smooth and attractive way'?

2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. He didn't even wait for nine months. My son was born _____ - two months early!

fade	young	unique	prematurely
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2. The museum keeps the paintings in windowless rooms to _____ them as long as possible.

preserve	pigment	whiten	dye
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3. I'm happy to go grey. I think it looks nice. You'll never see me _____ my hair.

die	painting	dye	dead
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4. Have you ever thought about _____ your teeth? It would make your smile beautiful!

dying	fading	whitening	covering up
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5. I like that tough, unshaven look on a man. I want him to be _____.

fashionable	sophisticated	unique	rugged
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答案

1. 阅读课文并回答问题。

1. Which three things influence hair follicle production?
The three things that may influence hair follicle production are hormones, stress and genetic predispositions.
2. True or false: *All ethnicities tend to age at the same rate.*
False. Research found that different races have different average ageing rates - with African and East-Asian backgrounds tending to whiten later.
3. What pressure does the everyday woman feel, according to Kate Dinota?
According to Kate, the everyday woman feels a pressure not to age.
4. What possible explanation is offered for the increase in interest in grey hair?
The interest may have been driven by celebrities such as Ariana Grande and lady Gaga.
5. Which word in the text means 'in a smooth and attractive way'?
Gracefully. In this way it is hoped that, like many men, women will feel more confident about letting it show and will feel more comfortable going grey gracefully.

2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. He didn't even wait for nine months. My son was born **prematurely** - two months early
2. The museum keeps the paintings in windowless rooms to **preserve** them as long as possible.
3. I'm happy to go grey. I think it looks nice. You'll never see me **dye** my hair.
4. Have you ever thought about **whitening** your teeth? It would make your smile beautiful!
5. I like that tough unshaven look on a man. I want him to be **rugged**.